



Sandesh

The Gujarati Samaj
of Western Australia (Inc)



Issue 57



August 2004

15th August - Indian Independence Day

The day when India woke up to freedom back in 1947 was a day of great celebration. A country got rid of her foreign yoke and became a sovereign nation, she celebrated her sovereignty on this day - the triumph of numerous martyred souls. It was a day of fulfilment; it was the day of a new beginning, a birth of a nation.

On the stroke of midnight, a country came into life again as the British handed over the governance of India to the Indian leaders. The long and difficult struggle had borne fruit at last, though the happiness was marred by the fact that the country was divided into India and Pakistan and the violent communal riots had left the countries permanently scarred. That was the price that India paid for her dearly bought freedom. The British government declared the country independent and left for its own shores.

On the 15th of August 1947, India became completely independent. It was on this historic date that Jawaharlal Nehru, the first prime Minister of India, unfurled the Indian tricolor on the ramparts the magnificent Red Fort, symbolically marking the end of the British colonial rule.

From the 123independenceday.com website

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CAREER'S EXPO

"Thinking of a career?"

Gujarati Samaj of W.A. is providing you with an opportunity to network with young professionals in our community and learn more about what their professions are really about.

If you are a high school student, this is the event for you to come and informally interact with some of the professionals of our community.

We are privileged to have guest speakers from JobsWest and UWA.

Event Details are:

Venue: The Cambridge Conference Centre, Cambridge Forum, 350 Cambridge Street, Wembley

Date: 2nd October 2004

Time: 3pm - 5pm

For more information, contact Harshana Sheth (9445 3683) or Neetu Shah (9305 3483)

Check out the Gujarati Samaj Website and keep up to date with community events!

You will find useful information on forthcoming events and great links on the web-site. So...go to:

www.gujarati.org.au

Editorial Comment

Dear Readers

The President of the GSWA is out of town but sends sincere congratulations to the Indian Community in Western Australia on the occasion of India's Independence Day.

The acknowledgement and appreciation by WA's youth of India's struggle for independence at the remarkable India's Independence Day Cultural Carnival hosted by the Indian Society of WA was wonderful to note! The link to our ancestral homeland in a newly adopted "home" country is still clearly very strong and heartwarming. Gandhi's message of non-violence through the Salt March in 1930 was remembered and portrayed well. It is wonderful to see how this historical event brings the entire community together!

On a different note, a message for all those in year 12. Good luck with the exams, which begin in a few weeks time! Give it your best!

The Editors

Forthcoming Events:

Career's Expo - 2nd October 2004 (see page 1 for details)

Venues and Times for the following events will be announced in future issues of the Sandesh:

Navratri 2004:	Friday 15 th October 2004 Saturday 16 th October 2004 Saturday 23 rd October 2004 Sunday 24 th October 2004
Rangoli 2004:	Saturday, 13 th November 2004
Diwali Brunch 2004:	Sunday, 14 th November 2004

We would like to teach children Gujarati And We need Teachers who want to take on this challenge!

The course they would teach should:

- Follow a proper curriculum so that the children can acquire reasonable reading skills, learn grammar and dictum.
- Endeavour to make the children confident of understanding and conversing in Gujarati
- Give an exposure to Gujarati Culture and Mannerisms.
- Use novel and exciting teaching methods to ensure the students enjoy these lessons.
- Allow for plays, quizzes, workshops etc in Gujarati so as ensure parental interest and participation.

We expect to have classes once every week during school terms and will charge students to ensure commitment.

If you wish to take up this challenge, for a small remuneration, please send your CV, coupled with any course outlines you may have, to the attention of

Ajay Doshi, GSWA Inc, P O Box 365, Hillarys, WA 6923

Samaj Notices/Announcements

Notes and guidance on Membership forms

Dear Fellow Members

- The current **Membership Directory** is well out of date –so we intend to print a revised Directory this year.
- Therefore we advise **ALL Members** to fill in their details on the enclosed membership form, sign and mail it to us by September 15, even if all your data in the present Directory are correct.
- We can only print data on those whose signed forms we have received.
- We will only print data on and distribute to, those who have paid their dues for the current year.
- So, if you still have not paid up, fill in and sign the form and send us your remittances as soon as possible.

Once again we thank you for your cooperation.

Dandia / Bhangra Night

On a cold Saturday night on 24 July, over 300 people warmed up to the Dandia beat performed by Utpalbhai Mehta and friends. As the beat got faster, the dandia players got into the swing and a good time was had by all present. From about 10.30pm to midnight, our very own DJ Sunit rocked the young and the not so young with some hot Bhangra and Indian pop.

Thanks to all who attended and to the many volunteers who helped with the music, snacks and the general running around.

Some pictures of this evening are shown on page 10

New Indian High Commissioner

Samaj members, Rameshbhai and Kailashben Patel and Rajnibhai and Ranjanben Sheth recently attended a dinner function in honour of India's new High Commissioner to Australia. The new High Commissioner, Mr Pratap Shukla, a career diplomat, was making his first visit to Western Australia.

Our members chatted with the High Commissioner and discussed the following issues with him:

- lack of direct flights from Perth to India, despite the seemingly high demand for this service; and
- the high telephone charges to India, again despite significant traffic between the two countries.

It was also pointed out to Mr Shukla that there exists considerable business acumen and resources amongst the Indian community in Western Australia to help build stronger business ties between the two countries.

2004-2005 Committee

PRESIDENT	Dilip Shah	H: 9402 2228	excelint@optusnet.com.au
VICE PRESIDENT	Ajay Doshi	H: 9246 0335	ajay@gdplastics.com
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MEMBER	Jigisha Patel	H: 9218 8494	charliejigs1@bigpond.com
MEMBER	Jiten Bhatt	H: 0400 910 084	jiten.bhatt@cr2.com
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FOR MORE INFORMATION CONTACT:

**RAMESH SHETH, SUITE 25A, CAMBRIDGE
 FORUM, 350 CAMBRIDGE ST (BEHIND THE
 WEMBLEY HOTEL) WEMBLEY, WA 6014
 TEL/FAX: (08) 9284 0133
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હૃદયરોગ

ચિંતાનુ કારણ શા માટે?

દક્ષિણ એસિયનોમો (ભારત, પાકિસ્તાન, બંગલા દેશ અને શ્રીલંકા) હૃદયરોગનું મમાણ વધુ છે.

તમને આવું જોખમ ખરૂં?

હૃદયરોગના જોખમ વધવાના ઘણાં કારણો છે. વધતી જતી ઉંમર, પુરુષ હોવાના નાતે, કૌટુંબિકઆનુવંસિકતાને ધ્યાનમાં રાખીએ તો કેટલાક જોખમો રોકી શકાય તેમ નથી. પરંતુ ઊંચું લોહીનું દબાણ (બ્લડ પ્રેશર), વધારે પડતો કલેસ્તરોલ, ડાયાબિટીસ, ધૂમ્રપાન, કસરતનો અભાવ, ચિંતા તેમજ વધુ પડતું વજનના મશનોને કાબૂમાં લઈ શકાય કે નિવારી શકાય તો હૃદયરોગનું જોખમ ઓછું કરી શકાય.

આને માટે શું થઈ શકે?

તંદુરસ્ત જીવનશૈલી, સાદો અને ઓછી ચરબીવાળો ખોરાક, ધૂમ્રપાનથી દૂર રહી, નિયમિત કસરત અને ચિંતાને કાબૂમાં લઈ હૃદયરોગના ભયને ઓછો કરી શકાય. દક્ષિણ એસિયાની પરંપરાગત ભોજનશૈલી હૃદય માટે ઘણી તંદુરસ્ત માલુમ પડી છે.
(આવતા સ્પર્શમાં હૃદય માટે પૌષ્ટિક ખોરાક)

Kantaben's cooking corner

Melt-in-your-mouth-moments

250g	butter
$\frac{1}{3}$ cup	icing sugar
$1\frac{1}{2}$ cup	plain flour
$\frac{1}{2}$ cup	corn flour

Method

- cream butter & sugar until light and fluffy
- fold in flour & cornflour gently
- pipe swirls and bake at 180° for 10-15min
- allow to cool and sandwich together with butter cream

Butter cream

60g	butter
$\frac{1}{2}$ cup	icing sugar
	dash of vanilla essence

Kantaben and Kanjibhai

Kantaben and Kantibhai were having some problems at home and were giving each other the silent treatment. Suddenly Kantibhai realized that the next day he would need his wife to wake him at 5:00 am for an early morning business flight.

Not wanting to be the first to break the silence (and LOSE), he wrote on a piece of paper, "Please wake me at 5:00 AM." He left it where he knew she would find it.

The next morning he woke up, only to discover it was 9:00 am and he had missed his flight. Furious, he was about to go and see why his wife hadn't wakened him when he noticed a piece of paper by the bed:

The paper read, "It is 5:00 am. Wake up."

EURO NEWS

The European Commission has just announced an agreement whereby English will be the official language of the European Union rather than German, which was the other possibility. As part of the negotiations, Her Majesty's Government conceded that English spelling had some room for improvement and has accepted a 5-year phase-in plan that would become known as "Euro-English". In the first year, "s" will replace the soft "c". Certainly, this will make civil servants jump with joy.

The hard "c" will be dropped in favour of "k". This should clear up confusion, and keyboards can have one less letter. There will be growing public enthusiasm in the second year when the troublesome "ph" will be replaced with "f". This will make words like fotograf 20 percent shorter.

In the third year, public acceptance of the new spelling can be expected to reach the stage where more complicated changes are possible. Governments will encourage the removal of double letters which have always been a deterrent to accurate spelling. Also, all will agree that the horrible mess of the silent "e" in the language is disgraceful and it should go away.

By the fourth year people will be receptive to steps such as replacing "th" with "z" and "w" with "v". During the fifth year, the unnecessary "o" can be dropped from words containing "ou" and after the sixth year, we will have a really sensible written style. There will be no more trouble or difficulties and everyone will find it easy to understand each other. The dream of a united world will finally come true. If this makes you smile, please pass on to other people. Then we will rule the world!!!

Tourism

These questions about Australia were posted on an Australian Tourism Website by prospective visitors and obviously the answers came from a fellow Aussie....

1. Q: Does it ever get windy in Australia? I have never seen it rain on TV, so how do plants grow? (UK)
A: We import all plants fully grown and then just sit around watching them die.
2. Q: Will I be able to see kangaroos in the street? (USA)
A: Depends how much you've been drinking.
3. Q: I want to walk from Perth to Sydney - can I follow the railroad tracks? (Sweden)
A: Sure, it's only three thousand miles, take lots of water...
4. Q: Is it safe to run around in the bushes in Australia? (Sweden)
A: So it's true what they say about Swedes.
5. Q: It is imperative that I find the names and addresses of places to contact for a stuffed porpoise. (Italy)
A: Let's not touch this one.
6. Q: Are there any ATMs (cash machines) in Australia? Can you send me a list of them in Brisbane, Cairns, Townsville and Hervey Bay? (UK)
A: What did your last slave die of?
7. Q: Can you give me some information about hippo racing in Australia? (USA)
A: A-fri-ca is the big triangle shaped continent south of Europe. Aus-tra-li-a is that big island in the middle of the pacific which does not..... oh forget it. Sure, the hippo racing is every Tuesday night in Kings Cross.
8. Q: Which direction is North in Australia? (USA)
A: Face south and then turn 90 degrees. Contact us when you get here and we'll send the rest of the directions.
9. Q: Can I bring cutlery into Australia? (UK)
A: Why? Just use your fingers like we do.
10. Q: Can you send me the Vienna Boys' Choir schedule? (USA)
A: Aus-tri-a is that quaint little country bordering Ger-ma-ny, which is..... oh forget it. Sure, the Vienna Boys Choir plays every Tuesday night in Kings Cross, straight after the hippo races.
11. Q: Do you have perfume in Australia? (France)
A: No, WE don't stink.
12. Q: I have developed a new product that is the fountain of youth. Can you tell me where I can sell it in Australia? (USA)
A: Anywhere significant numbers of Americans gather.
13. Q: Can I wear high heels in Australia? (UK)
A: You are a British politician, right?
14. Q: Do you celebrate Christmas in Australia? (France)
A: Only at Christmas.
15. Q: Are there supermarkets in Sydney and is milk available all year round? (Germany)
A: No, we are a peaceful civilization of vegan hunter gatherers. Milk is illegal.
16. Q: Please send a list of all doctors in Australia who can dispense rattlesnake serum. (USA)
A: Rattlesnakes live in A-me-ri-ca which is where YOU come from. All Australian snakes are perfectly harmless, can be safely handled and make good pets.
17. Q: Will I be able to speak English most places I go? (USA)
A: Yes, but you'll have to learn it first.

Let's learn Gujarati

Saroo	good	Kharaab	bad
Jaldi	hurry/fast	Dheemo	slow
Thakela	tired	Thodoo/zarak/sahej	a little bit
Bhai	brother	Bahen	sister
Ba	mother	Bapuji	father
Mitra	friend	Dushman	enemy

Kaun bane ga Cororepati?

1. How long was the 100yr war?

- a) 116
- b) 99
- c) 100
- d) 150

Sardar says "I will skip this."

2. In which country are the Panama hats made?

- a) Brasil
- b) Chile
- c) Panama
- d) Equador

Sardar asks for help from Uni students

3. In which month do the Russians celebrate the October revolution?

- a) January
- b) September
- c) October
- d) November

Sardar asks the audience

4. Which of these is King George VI's first name?

- a) Eder
- b) Albert
- c) George
- d) Manoel

Sardar asks for lucky cards

5. The Canary Islands, in the Pacific Ocean, has it's name based on which animal?

- a) Canary bird
- b) Kangaroo
- c) Puppy
- d) Rat

Sardar gives up.

If u think u are indeed clever and laughed at our Sardar see the answers below.....

- 1) the 100yr war lasted 116 yrs from1337-1453
- 2) the Panama hat is made in Equador
- 3) the October Revolution is celebrated in November
- 4) King Georges first name is Albert. In 1936 he changed his name.
- 5) Puppy, the Latin name is Insularia Canaria - means island of the puppies.

Computer Shayries

Ghar se jab tum nikale, pehen ke reshmi gown.
Jaane kitne dilon ka, ho gaya server down.

Jabse meri zindagi mein, aayi hai ik female.
Bhool gaya hai sab kuchh, kya computer, kya e-mail.

Tere Pyar ke liye, Sar Zamin ek kar doonga...
Tu naa mili to apni zindagi, Ctrl+alt+delete kar doonga...

Shayad mere pyar ko, Taste karna bhool gaye...
Dil sey aisa cut kiya, Ke paste karna bhool gaye..

Laakhon honge nigaah mein, kabhi mujhe bhi pick karo..

Mere pyaar ke icon pe, kabhi to double-click karo...

Compliments of Prasila Natha

Something to make you smile:

Saddam meets Kajol asks her how life is
Kajol says "Kabhi Kushi Kabhi Gum. How about u?"
Saddam says "Kabhi Bush Kabhi Bomb"

Dil Hai to pyaar hai, Wah,wah,Wah.....
pyaar hai to ishq hai, Wah,wah,Wah.....
ishq hai to mohabbat hai, Wah,wah,Wah.....
Mohabat hai to dard hai, Wah,wah,Wah.....
Dard hai to Zandu Balm Hai

Teacher asks "Who is Raja Ram Mohan Roy?"
Sardarji: "They all r 4 best friends"

Sardarji tells his wife "Tum meri Kalpana ho,
Tum meri Bhavana ho, Tum meri prerna ho"
Wife says, "Chaloji, aaj sye aap mere liye Dinesh,
Rakesh, aur Suresh ho"

Har samundhar mye saahil nahi hota,Wah, wah, wah...
Har jaahaz mye misile nahi hota, Wah,wah,wah....
Agar Dhirubhai nahi hota to har lucche ke pass mobile nahi hota

Air Hostess asks Laloo: Sir are u a vegetarian/non-vegetarian?
Laloo says "I am a Sagittarian"
Airhostess asks: Sir aap Shakahari hai/Masahari hai
Laloo says " I am a Bihari"

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**Do you remember these facts about the land of your ancestors?
And after the coming of the Europeans (Issue 56), we come to**

The Struggle for Independence

The Indian Mutiny of 1857 or The First War of Independence

A century of accumulated grievances erupted in the Indian mutiny of sepoy in the British army, in 1857. This was the signal for a spontaneous conflagration, in which the princely rulers, landed aristocracy and peasantry rallied against the British around the person of the last Mughal emperor, Bahadur Shah. The uprising, however, was eventually brutally suppressed. By the end of 1859, the "emperor" had been deported to Burma where he died a lonely death, bringing to a formal end the era of Mughal rule in India.

The Mutiny, even in its failure, produced many heroes and heroines of epic character. Above all, it produced a sense of unity between the Hindus and the Muslims of India that was to be witnessed in later years.

The rebellion also saw the end of the East India Company's rule in India. An Act of British Parliament transferred power to the British Crown in 1858. The Crown's viceroy in India was to be the chief executive.

The Freedom Struggle

The British Empire contained within itself the seeds of its own destruction. The British constructed a vast railway network across the entire land in order to facilitate the transport of raw materials to the ports for export. This gave intangible form to the idea of Indian unity by physically bringing all the peoples of the subcontinent within easy reach of each other.

Since it was impossible for a small handful of foreigners to administer such a vast country, they set out to create a local elite to help them in this task; to this end they set up a system of education that familiarised the local intelligentsia with the intellectual and social values of the West. Ideas of democracy, individual freedom and equality were the antithesis of the empire and led to the genesis of the freedom movement among thinkers like Raja Rammohan Roy, Bankim Chandra and Vidyasagar. With the failure of the 1857 mutiny, the leadership of the freedom movement passed into the hands of this class and crystallised in the formation of the Indian National Congress in 1885. The binding psychological concept of National Unity was also forged in the fire of the struggle against a common foreign oppressor.

At the turn of the century, the freedom movement reached out to the common unlettered man through the launching of the Swadeshi movement by leaders such as Bal Gangadhar Tilak and Aurobindo Ghose. But the full mobilisation of the masses into an invincible force only occurred with the appearance on the scene of one of the most remarkable and charismatic leaders of the twentieth century, perhaps in history.

Taken from the <http://www.indembassyhavana.cu/culture/culture-history-intro.htm> website

SMS Messages Just 4 u from Abroad

- 2=6 (Tu barabar che) - Are you okay
- TPV6 (Cha Pvi che) - Feel for some tea
- MKT km 6 (Market kem che?) - How's the stock market?
- Av J (aav je) - come again
- G 1 ma 9 su 6 (jivan ma navu su che) - Whats new in your life?

Now it's up 2 u to send your best sms

Life

The best gifts to give:

- To your friend- loyalty
- To your enemy- forgiveness
- To your boss - service
- To a child - a good example
- To your parents - gratitude
- To your mate - love and faithfulness
- To all men and women - charity and
- To your god - your life

Some memories of the Dandia/Bhangra Night



The musicians



The singers



The children



Other lovely participants



Community News

Award for Academic Excellence

This award has been issued to Jagir Patel by the "Australasian Institute of Mining and Metallurgy". An official presentation of the certificate for the award will take place at a formal dinner in October/November. The Institute will also provide additional information to Jagir for his future studies and his work in the industry.

The Swaminarayan Mandir Program

Janmashtami celebrates the birth of Lord Shri Krishna, one of the most venerated incarnations in the Hindu Dharma. Five thousand years ago, he incarnated, at the end of the third cosmic phase, 'Dwapar Yuga' and the beginning of the present, 'Kali Yuga'. This event will be celebrated on the 7th September (Tuesday) between 6:30pm-8pm at the mandir (see address below).

The program outline would be Kirtan-Bhajans, a Balak-Kishore cultural program (drama), Spiritual Discourses, Aarti followed by Dinner.

SHRI SWAMINARAYAN MANDIR, 189 Hancock Street, Doubleview WA 6018

Tel: (08) 9446 9949; Fax: (08) 9445 3432

Visit our website (www.swaminarayan.org) for details on our additional programs.

Abbreviations with a difference

CEO = Chief Embezzlement Officer

CFO = Corporate Fraud Officer

MBA = Master of Bogus Accounting

BULL MARKET = A random market movement that causes an investor to mistake himself for a financial genius

BEAR MARKET - An extended period when the kids get no allowance, the wife gets no jewellery, and the husband gets no sex.

VALUE INVESTING - The art of buying low and selling even lower.

P/E RATIO - The percentage of investors wetting their pants as the market goes even lower.

BROKER - What my broker has made me

STANDARD & POOR - My life in a nutshell

STOCK ANALYST - Idiot who just downgraded my stock

STOCK SPLIT - When your ex-wife and her lawyer split your assets between them

FINANCIAL PLANNER - A guy whose phone has been disconnected

MARKET CORRECTION - The day after I buy stocks

CASH FLOW - The movement my money makes as it goes down the toilet

YAHOO - What you yell after selling it to some poor sucker

WINDOWS XP - What you jump out of if you're the poor sucker above

INSTITUTIONAL INVESTOR - Last year's investor who is now locked up in a nuthouse

PROFIT - An archaic term no longer in use.

Suleman Keshavjee (aka Umed)

Change of Address

❖ Deepak Pau

3 Preston Point Rd, East Fremantle, 6158. Tel: 0421 431 911 / 9438 1791

Greetings from all Seniors

Our Gujarati Seniors meet regularly every Friday at Warwick Community Hall from 11:00am to 4:00pm. All seniors and visitors are welcome.

The following members were elected for the seniors committee.

Mr. Gajendra bhai BHUVA	Tel: 94027281
Mr. Gulabchandra bhai SHAH	Tel: 92434040
Mrs. Hasuben NATALWALA	Tel: 94096723
Mrs. Hiraben VEGAD	Tel: 94478956
Mrs. Jayaben DODHIA	Tel: 94480320
Mrs. Kamuben MALDE	Tel: 9340 5722

For any further information, please contact a committee member or Hamida Bhatt at 93105525

Business Advertisements

Interested in advertising in the next issue of the Sandesh? Contact the editors with details by the 15th October 2004.

Revised charges for advertising in the Sandesh become effective from October and are as follows:

1/4 Page- \$25.00 + GST 1/2 Page- \$50.00 + GST Full Page- \$75.00 + GST

Advertisers pre-booking adverts for the full financial year will be eligible for a 10% discount

Article Submissions

Would you like to communicate any news to the general community? Do you know of any special achievements made by members of the community? Are there any issues you'd like to raise in the community?

Write to the Sandesh to publish your news, views and comments!

Articles for the next issue of the Sandesh should be e-mailed to the editors by the **15th October 2004**. Please note that only Microsoft word documents and black & white photographic images will be accepted. Text should be limited to half a page in Times New Roman, 11-point font.

Editorial Team

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Disclaimer

Opinions and views expressed in the Sandesh are those of the authors and not necessarily those of the Committee of the Gujarati Samaj or the Editors.