



# Sandesh

The Gujarati Samaj  
of Western Australia (Inc)



Issue 60



February 2005

## The President's Pen

*Welcome back to all members and their families.*

*This issue of the Sandesh is an important one as it has a wealth of information on what is happening in the Samaj's calendar of events as well as dates to other important activities. We have the ever-popular annual Geetanjali where our members show off their talents to the music and charm of Bollywood. So keep on practicing your presentations as we are hoping to get the largest turnout this year. Items of topical interest are included to keep you wanting to read the Sandesh from front to back and back to front!*

*I would like to dedicate this issue of the Sandesh to the senior members of our community who seem to have been forgotten. This dedicated group of ladies and gentlemen has made a commitment to meet once a week on Friday's and must be commended for their efforts, having migrated from their countries of birth like most of us, and adapting to a new way of life. I believe they are now planning a wider range of activities and having lots of fun. I say thank you very much as you are inspiring other senior family members overseas that Perth has got a lot more to offer and we hope we can encourage more members to join you.*

*On behalf of the team keep up the good work and take care.*

*God bless you all*

*Dilip Shah*

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## HAVE YOU SUBMITTED YOUR GEETANJALI PARTICIPATION ENTRY YET!!!

The final closing date has been extended to 7 March 2005 and all entries must be received by this date.

Call Jigisha Patel on 93024088/0407779617 or Ajay Doshi on 92460335/0403858874 for any enquiries.

More details inside

### ***Editorial Comment***

Dear Readers

The catastrophic Asian Tsunami disaster has dominated world issues since the last time we spoke and has permanently changed the lives of thousands of families in the region. About 4,000 West Australians of all ages and nationalities attended a multi-faith memorial service on the shores of the Indian Ocean in January to honour those lost in this disaster and thousands have generously contributed in one way or another to help the victims of this tragedy. The moving hour-long service on the sands of City Beach featured prayers by representatives from 10 religious groups including the Hindus. A minute's silence was observed at 8.59am (WST) to coincide with the time the worst earthquake in 40 years occurred on December 26 off the coast of Sumatra, causing the tsunami that killed more than 163,000 and left millions homeless.

A comment made at the service says a lot for the human species: "The things that separate us are less important than the things that bind us together and without doubt, compassion is a great feature of human nature that binds us together."

Let us not forget this!! A small contribution in any form by all of us who have so much will ease the pain of those who have lost so much!! Thank you to those who have already done this.

*The Editors*

### ***Forthcoming Events:***

GEETANJALI 2005

Saturday, 23<sup>RD</sup> APRIL 2005, PENRHOS COLLEGE.

## **“GEETANJALI 2005”**

Saturday, 23<sup>RD</sup> APRIL 2005, PENRHOS COLLEGE.

Tickets will be sold by all committee members nearer to the function date.

Prices \$12 Members / \$15 Non-Members Children under 4 free.

### **DATES TO REMEMBER:**

**\*Closing Date for Participation Entries: 7 March 2005\***

Non Gujarati Samaj members may participate, but will be required to purchase a non-member ticket.

**\*Auditions to be held at Scarborough Civic Centre on Saturday, 2 April 2005, 5pm-7pm\*** - Please call Jigisha to arrange a time.

**\*Stage Rehearsal at Penrhos College on Thursday, 14 April 2005, 6.30pm sharp\***

For further enquires contact Jigisha Patel on 93024088/0407779617 or Ajay Doshi on 92460335/0403858874.

### Moments in Life

There are moments in life when you miss someone so much that you just want to pick them from your dreams and hug them for real!

When the door of happiness closes, another opens; but often times we look so long at the closed door that we don't see the one, which has been opened for us.

Don't go for looks; they can deceive.  
Don't go for wealth; even that fades away.  
Go for someone who makes you smile,  
because it takes only a smile to make a dark day seem bright.

Find the one that makes your heart smile.

Dream what you want to dream;  
go where you want to go; be what you want to be,  
because you have only one life  
and one chance to do all the things you want to do.

May you have enough happiness to make you sweet,  
enough trials to make you strong,  
enough sorrow to keep you human and  
enough hope to make you happy.

The happiest of people don't necessarily  
have the best of everything; they just make the  
most of everything that comes along their way.

The brightest future will always  
be based on a forgotten past;  
you can't go forward in life until  
you let go of your past failures and heartaches.

When you were born, you were crying  
and everyone around you was smiling.  
Live your life so at the end,  
you're the one who is smiling and everyone  
around you is crying.

### An explanation of life as we know it!

On the first day God created the dog. God said, "Sit all day by the door of your house and bark at anyone who comes in or walks past. I will give you a life span of twenty years." The dog said, "That's too long to be barking. Give me ten years and I'll give you back the other ten." So God agreed.

On the second day God created the monkey. God said, "Entertain people, do monkey tricks, make them laugh. I'll give you a twenty-year life span." The monkey said, "How boring, monkey tricks for twenty years? I don't think so. Dog gave you back ten, so that's what I'll do too, okay?" And God agreed.

On the third day God created the cow. God said, "You must go to the field with the farmer all day long and suffer under the sun, have calves and give milk to support the farmer. I will give you a life span of sixty years." The cow said, "That's kind of a tough life you want me to live for sixty years. Let me have twenty and I'll give back the other forty." And God agreed again.

On the fourth day God created man. God said, "Eat, sleep, play, marry and enjoy your life. I'll give you twenty years." Man said, "What? Only twenty years! Tell you what, I'll take my twenty, and the forty the cow gave back and the ten the monkey gave back and the ten the dog gave back, that makes eighty, okay?" "Okay," said God, "You've got a deal."

So that is why the first twenty years we eat, sleep, play, and enjoy ourselves; for the next forty years we slave in the sun to support our family; for the next ten years we do monkey tricks to entertain the grandchildren; and for the last ten years we sit on the front porch and bark at everyone.

Life has now been explained to you.

### 2004-2005 Committee

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### Health issues

હાસ્યને એક અસરકારક ઔષધી તરીકે આજે ઓળખવામાં આવે છે. અને દુનિયાભરમાં હાસ્ય મંડળો એટલે લાફ્ટર કલબો ઠેરઠેર શરૂ થઈ ચૂકી છે. કારણ હવે એ જાણવા મળ્યું છે કે હાસ્ય એક એવી કુદરતી જડીબુટ્ટી છે જે આપણા માત્ર શરીરને જ નહીં, મનને અને બુધ્ધિને પણ તંદુરસ્તી અને તાજગી આપી શકે છે. ચાલો આપણે સાથે હસ્યે:

શિક્ષક; “ક્યા મહિનામાં ૨૮ દિવસ હોય છે?”  
મનિયો: “સાહેબ ૨૮ દિવસ તો દરેક મહિનામાં હોય છે.”

પરીક્ષા પેપરમાં ચાર પાનાનો નિબંધ લખવાનો હતો.

વિષય હતો, “આળસ શું છે?”

બિંદુ હોશિયાર હતો. તેણે ચાર પાનાં કોરા મૂક્યા અને છેલ્લી લીટીમાં લખ્યું: “આળસ આ જ છે.”

ડૉક્ટર : તમને ભોજન હજમ નથી થતું. તમે રોજ સવારે એક ગ્લાસ ગરમ પાણી પીઓ.

ડરદી : એ તો હું લગ્ન પછી રોજ સવારે પીઉ છું, પણ મારી પત્ની એને ચા ગણે છે.

### Kantaben's cooking corner

#### Carrot Muffins

#### Ingredients:

- 2 cups self raising flour
- $\frac{1}{2}$  cup oil
- 3 grated carrots
- 1 tsp bicarbonate of soda
- $\frac{3}{4}$  cups sugar
- 1 cup milk

#### Method:

- Mix together all ingredients
- Divide dough into 12 balls and place into greased wells of a muffin tray.
- Bake at 180°C

Optional: grated apple, cinnamon, ginger, chopped pecan nuts.

### Significance of Maha Shivratri

Shiva Jayanti is a celebration of the incarnation or descent of God Father Shiva upon the earth. We celebrate by fasting and offering flowers and milk to the image of the Shivlingam.

Shiva Jayanti is also known as Shivratri or the night when Shiva came. This night refers to the night of the human world due to irreligiousness, unrighteousness, unhappiness and confusions, rather than the actual night, as in the 24-hour clock. Thus he comes at the end of Kalyuga, when there is total eclipse over the human race. And His coming is celebrated because He brings with Him knowledge, wisdom and virtues that transform Kalyuga into Satyuga or Heaven.

The present time is the most auspicious confluence Age when He, using the corporeal medium of Brahma since 1937, has been transforming human beings into deities (Manushya se Devta). All of us can now inherit our God Fatherly birthright (New Heavenly (Satyug) World) from our most beloved, Supreme Father, Paramatma. So let us celebrate Shiv Jayanti with a lot of enthusiasm and joy, because it is a celebration of the coming of God, the Father, onto this earth.

Multi-Million-fold of greetings for prosperous and successful Shiv Jayanti celebrations to one and all.

Neeta Ruparelia

### Change of address

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\*Standard and Poor's Long Term Debt credit rating

## THE GOOD, THE BAD, AND THE INCOMPREHENSIBLE

'How r u?' = How are you?

'JM2p' = Just my two pence worth.

As you can see, some text abbreviations are easier to decipher than others. The rapidly developing language of the SMS text is phonetic. That is to say it represents the sound of words rather than the dictionary definition spelling.

It's a form of language that has baffled the top brains of Britain for decades, yet it seems to have evolved naturally as SMS messaging has grown in popularity. This may be because the many people can't spell, and have no intention to start with text messages. That or they are allergic to vowels. While some abbreviations are simple to decipher others seem like a foreign language...

### ABBREVIATIONS

AFAIK	As far as I know
ATB	All the best
BTW	By the way
CID	Consider it done
CUL8R	Call you later
EZ	Easy
H&K	Hug and kiss
HHIS	Hanging my head in shame
IYSS	If you says so
LOL	Laughed out loud / Lot's of luck
LTS	Laughing to self
L8R G8R	See you later alligator
LUWAMH	Love you with all my heart
JM2p	Just my two pence worth
OTOH	On the other hand
2MORO	Tomorrow
CU 2MORO	See you tomorrow
ROFL	Rolling on the floor laughing
SHID	Slaps head in disgust
SOHF	Sense of humour failure
THX or TX	Thanks
TTFN	Ta ta for now
TWIMC	To whom it may concern

## Formula One in India

LONDON: Formula One boss Bernie Ecclestone has revived India's hopes of hosting a Grand Prix within the next three years after it's Formula One chances had suffered a setback following a change of government in Hyderabad last year.

"India will definitely have a race. It's just a case of where," Ecclestone told the BBC. "Kolkata and Hyderabad have both been linked with a Grand Prix in the past, but it would probably end up in Mumbai," he added.

Ecclestone's comments come soon after Narain Karthikeyan joined the Jordan team, becoming India's first Grand Prix driver. New Jordan owner Alex Shnaider, a Canadian steel billionaire, is also hoping that the presence of an Indian driver in his team will help build new business contacts on the sub-continent.

## The Nobel Prize

The Nobel prize is considered to be the most Prestigious prize in the world. It is awarded annually to people or institutions for outstanding contributions in a variety of fields for the upliftment of the society. The prize is named after Alfred Nobel, who in his will directed that the interest of the funds be set aside and used to give one annual prize in each of the five fields of PHYSICS, CHEMISTRY, PHYSIOLOGY OR MEDICINE AND LITERATURE and the most effective work in the interest of International PEACE. The prizes were first presented in 1901. The sixth prize-The Nobel Memorial Prize in Economic Sciences- was instituted by the National Bank of Sweden and was first awarded in 1969. Here is a collection of Indians who have won Nobel prizes.

<u>Name</u>	<u>Field</u>
Rabindranath Tagore	Literature
Dr. C. V. Raman	Physics
Dr. Harogobind Khorana	Medicine
Mother Teresa	International Peace
Subhramanya Chandrasekhar	Physics

## SMILE.....

"I think that we should rob Kantaben's house tomorrow whilst they are all out of town," said one burglar to another. "Yoy're crazy," he said back, "They must have half a dozen dogs!! The barking will wake up half of the neighborhood." "Nah, I have it figured differently. The dogs will be barking so loud that nobody will here us break the window."

Sitting on the side of the highway waiting to catch speeding drivers, a State Police Officer sees a car pattering along at 22 MPH. He thinks to himself, "This driver is just as dangerous as a speeder!" So he turns on his lights and pulls the driver over. Approaching the car, he notices that there are five old ladies, two in the front seat and three in the back - wide eyed and white as ghosts. The driver, obviously confused, says to him, "Officer, I don't understand, I was doing exactly the speed limit! What seems to be the problem?" "Ma'am," the officer replies, "you weren't speeding, but you should know that driving slower than the speed limit can also be a danger to other drivers." "Slower than the speed limit? No sir, I was doing the speed limit exactly... Twenty-two miles an hour!" the old woman says a bit proudly. The State Police officer, trying to contain a chuckle explains to her that "22" was the route number, not the speed limit. A bit embarrassed, the woman grinned and thanked the officer for pointing out her error. "But before I let you go, Ma'am, I have to ask... Is everyone in this car OK? These women seem awfully shaken and they haven't muttered a single peep this whole time," the officer asks. "Oh, they'll be all right in a minute officer. We just got off Route 119."

A Texas Aggie highway patrolman stops a blonde girl for speeding. The patrolman walks up to the car and asks the blonde girl: "Lady you were speeding, may I see your drivers license." The blonde girl starts rummaging through her purse looking for her driver's license. She finally pulls out her compact, opens it and looks in the mirror. She says "oh yes, here it is" and hands it to the highway patrolman. The patrolman takes the compact and looks into the mirror. He looks at the blonde girl and says, "Lady, this is fine, but if you would have told me you were a highway patrolman too, I wouldn't have stopped you."



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## PEOPLE IN HISTORY

### Aurobindo Ghose

Aurobindo Ghose was born in 1872 in a very modern and up to date family of Bengal. His father Dr. K.D. Ghose was fully anglicised and adopted the English culture and measures in every way. Aurobindo was his third son. Aurobindo's father wanted his sons to be fully English-oriented. The boys were first educated in the Loreto Convent School in Darjeeling. After two years, the boys were moved to the Saint Paul's school in Manchester, England. Aurobindo learnt "Latin" as well as "English" and "French". Aurobindo was exceptionally brilliant and at the age of ten, composed poems in English which were published in the "Fax Family Magazine."

Aurobindo's father did not bear the expenses of the boy's studies and Aurobindo paid for his own education. He got admission into King's College, Cambridge and passed all the written tests of Junior Civil Service meritoriously. But, he purposely failed in 'horse-riding' because he did not want to take the service under the British. At that time there was a secret students' organisation called "Lotus and Dagger". Aurobindo became its member. He used to deliver fiery and revolutionary speeches at the meetings of the member students known as "Indian Majlis". He continued writing very lively poems.

The Maharaja of Baroda met Aurobindo on his visit to England and was much impressed by Aurobindo's intellect. He offered him a job to teach him English and French in Baroda. Aurobindo accepted and later became the Principal of Maharaja College, Baroda.

In 1905, Bengal was divided. Aurobindo toured the whole of Bengal, and joined the Congress in 1907. Aurobindo Ghose was a revolutionary of the extreme kind believing in a direct fight and arms confrontation with the British. He was arrested in 1908 in connection with the Alipore Bomb Case but was acquitted, as his guilt could not be proven. Later, he turned to spiritualism and set up an Ashram at Pondicherry. Aurobindo died in 1950.

### *Sarojini Naidu : The Nightingale of India*

Sarojini was a girl of exceptional intellect; in fact she was a genius. She composed poems in English from her early teens. After passing Matriculation examination from Madras, Sarojini went to England. Here, she went on composing poems in English, which were published in various papers and magazines. Her fame continued and two of her poem-books were published: "The Broken Wing" and "Feather of Dawn".

It is one thing to write poem and articles as an Indian but to write in a manner so as to be acknowledged by the English literary world, that such writing is placed alongside Shakespeare, Milton Keats, is another matter. Even today an English textbook containing the writings of English writers, cannot but include a poem or two of Sarojini Naidu, which is quite a literary achievement indeed. One strange phenomenon in Sarojini was that she was also a very good speaker and this quality helped her advancement in political life. Sarojini could write and speak and move her audience. She was thus politically and intellectually complete.

Sarojini met Gopal Krishna Gokhale in 1902 and was encouraged by him to join politics. She met Gandhiji in 1914, and Nehruji in 1916. Under the influence of all these leaders, she jumped into the Indian political arena. In 1925, at the Kanpur Congress Meeting, she was elected its president. From 1922-26 she espoused the cause of Indians in South Africa, took part in the Salt Satyagraha and the Round Table Conference in London and campaigned for participation of women and youth in the public life. She organised a National Week in 1940 rallied against the Cripps Mission to India and was jailed in 1942 on the Quit India Resolution of the AICC in Bombay.

When Gandhiji was arrested in connection with the salt agitation, much of the agitation work was left in the hands of Sarojini Naidu. This Bengali girl married Dr. Naidu, a south Indian despite opposition from the family. Dr. Naidu was ten years older than Sarojini and not of a high caste. Sarojini's father was a brahmin. Sarojini's later life was devoted totally towards India's Freedom Struggle. After Independence, Sarojini was made the Governor of Uttar Pradesh (U.P.). Because of her excellent poetic power, she was known as the "**Cuckoo of India**".

Sarojini passed away in 1949 and India lost one of her brightest daughters.

## Gujarati Samachar

### PM announces dual citizenship for overseas Indians

Prime Minister Manmohan Singh has announced dual citizenship for all overseas Indians, who had migrated from the country after January 26, 1950. This citizenship was conditional to their home countries allowing it under their law. While all those who migrated after 1950 will get all the rights of an Indian citizen, voting rights are not included. The government will also try to simplify the procedure for registration of People of Indian Origin (PIO) for granting them dual citizenship. Various options, including the possibility of introducing a smart card, are being considered.

### Muralitharan spearheads relief operations in Sri Lanka

Test cricket's second most successful bowler Muttiah Muralitharan is leading from the front to feed those who were rendered homeless by the killer tidal waves in his native Sri Lanka. Muralitharan, 32, has personally spearheaded convoys of trucks carrying approximately 210 tonnes of flour, rice, sugar and lentils to the north-east and east, to the country's remote corners where an estimated 30,000 lost their lives in the December 26 tsunamis and where thousands are still missing.

### Nelson Mandela's eldest son dead

Makgatho Mandela, son of Nobel prize winner and former South African president Nelson Mandela, died in a Johannesburg hospital of acquired immunodeficiency syndrome.

### Michael Douglas to ride Indian train

Hollywood veteran Michael Douglas will star in and co-produce an action movie, *Racing the Monsoon*, with India's Percept Picture Company and Sahara One Motion Pictures. "It will be a thriller about a diamond robbery aboard an Indian train," said Shailendra Singh, founder of the Percept Picture Company. "There will be a lot of India in the film - an Indian diamond mine, an Indian train," said Singh. "The train will be a crucial part of the film. The chase and most of the stunts will be on the train." He said Douglas, who has just visited Bombay, would be the star of the action-thriller and that India's leading actress, former Miss World Aishwarya Rai, was also being considered for a role. He said the film was inspired by a story that appeared in *The Wall Street Journal* about traditional Indian couriers called Angadias, who transfer money and uncut and polished diamonds from one Indian city to another.

## Letters from our readers

" Congratulations to the Editors, Bharti (aka Nimisha) and Pushpa for the very interesting and thought provoking articles in the last Sandesh. I must have read some of the articles many, many times to remind myself of all the great opportunities we have in this great country and the good life here in general. So often we browse quickly through the newsletter and put it away. How many of us read it and reflect on some of the well-chosen articles? Please take the time to do so.

Savita Bhagat

## Greetings from all Seniors

Our Gujarati Seniors meet regularly every Friday at the Dorchester Community Hall from 11:00am to 4:00pm. All seniors and visitors are welcome. The following members were elected for the seniors committee.

Mr. Gajendrabhai BHUVA	Tel: 94027281	Mr. Gulabchanbhai SHAH	Tel: 92434040
Mrs. Hasuben NATALWALA	Tel: 94096723	Mrs. Hiraben VEGAD	Tel: 94478956
Mrs. Jayaben DODHIA	Tel: 94480320	Mrs. Kamuben MALDE	Tel: 9447 9461

For any further information, please contact a committee member or Hamida Bhatt at 93105525

## SELF HELP

How to dish out criticism....

To accept criticism, you must learn how to *give* it. These six steps may work for you.

1. **Never criticise what can't be changed**, such as "you shouldn't have worn that dress tonight." This can hurt.
2. **Choose proper time and place**. Also check your mood.
3. **Reassure**. Begin with praise, whenever possible, and be sincere. Do not say, for example, "this is great, but..." Say what is great.
4. **Be specific**. If you can't spell it out, how will the other person understand?
5. **Express confidence**. Help the person understand that she can, in fact, correct it
6. **Praise improvement**. Not only will praise speed improvement, but further criticism will likely be welcomed.

And **accept** it --- gracefully.

Accepting criticism does not demean us. Adhere to these guidelines; you - not your critic - are in control.

1. **focus only on the criticism**. Remember that a person must care about you to take the time to criticize.
2. **Find its value**. Listen to all that your critic has to say, and be sure that you understand it.
3. **Evaluate**. Is this the first time you've heard this particular criticism? Is the critic competent? If not impartial observer?
4. **Say "thank you."** After all, your critic is doing you a favour. Perhaps you'll return it someday.

## Food as Medicine?

**HIGH FEVER?** EAT YOGURT - Eat lots of yogurt before the pollen season. Also - daily eat honey from your local area.

**TO PREVENT STROKE** DRINK TEA! - Prevent buildup of fatty deposits on artery walls with regular doses of tea. Green tea is great for our immune system.

**INSOMNIA (CAN'T SLEEP?)** HAVE HONEY! - Use honey as a tranquilizer and sedative.

**UPSET STOMACH?** BANANAS - GINGER - Bananas will settle an upset stomach. Ginger will cure morning sickness and nausea.

**BLADDER INFECTION?** DRINK CRANBERRY JUICE - High-acid cranberry juice controls harmful bacteria.

**BONE PROBLEMS?** EAT PINEAPPLE - Bone fractures and osteoporosis can be prevented by the manganese in pineapple.

**DIARRHEA?** EAT APPLES - Grate an apple with its skin, let it turn brown and eat it to cure this condition

## Article Submissions

Would you like to communicate any news to the general community? Do you know of any special achievements made by members of the community? Are there any issues you'd like to raise in the community?

*Write to the Sandesh to publish your news, views and comments!*

Articles for the next issue of the Sandesh should be e-mailed to the editors by the **15<sup>th</sup> April 2005**. Please note that only Microsoft word documents and black & white photographic images will be accepted. Text should be limited to half a page in Times New Roman, 11-point font.

## Business Advertisements

Interested in advertising in the next issue of the Sandesh? Contact the editors with details by the **15<sup>th</sup> April 2005**.

Revised charges for advertising in the Sandesh became effective from October and are as follows:

1/4 Page- \$25.00      1/2 Page- \$50.00      Full Page- \$75.00

Advertisers pre-booking adverts for the full financial year will be eligible for a 10% discount

## Editorial Team

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### Membership Renewal Form

1<sup>st</sup> April 2005 - 31<sup>st</sup> March 2006

**The Gujarati Samaj of Western Australia (inc)**

P O Box 365, Hillarys WA 6923

#### Member Details

Surname

First Name

Middle Name(s)

Spouses/Partner's name

Name(s) of children included in membership

Year of Birth

#### Membership Type

Family \$30

Individual \$15

Student \$10

Pensioner \$10

(Children are those living with parents under the age of 18, or those between 18 and 24 still full time students)

**Note: If you need to change your residential or work details please tick in the box below to have a form sent to you**

I require a change of details form

Signature

Date

***Check out the Gujarati Samaj Website and keep up to date with community events!***

You will find useful information on forthcoming events and great links on the web-site. So...go to:

[www.gujarati.org.au](http://www.gujarati.org.au)

#### ***Disclaimer***

Opinions and views expressed in the Sandesh are those of the authors and not necessarily those of the Committee of the Gujarati Samaj or the Editors.